



Friends and Family
American Heart Association CPR

This 2 hour course is focused for the lay responder for ages 10 years and above. Great for the family to learn simple, life saving techniques, such as how to treat a choking victim, how to perform CPR and how to use an Automated External Defibrillator (AED). No prior experience needed, kids under 15 must be accompanied by an adult. All skills and interactive DVD learning with lots of manikin practice. No written exam. Cost includes Friends and family booklet and AHA Friends and Family completion card.

Date: Sunday, March 4th, 2012

Time 4-6:00pm

Cost: \$50.00 per head (family discount available)

Cost includes: Course, Friends and Family booklet and AHA completion card